

Keri Downs, Psy.D.

CLINICAL PSYCHOLOGIST

CURRICULUM VITA

EDUCATION

08/2011 – 08/2015: Psy.D., Clinical Psychology. Roosevelt University, Chicago, IL, American Psychological Association, accredited clinical psychology program.

08/2003– 05/2005: M.A., Mental Health and Behavioral Medicine. Boston University, Boston, MA, License-Eligible Licensed Mental Health Counseling Program.

09/1999 – 06/2003: B.A., Psychological and Brain Sciences. Dartmouth College, Hanover, NH.

POSTDOCTORAL TRAINING

2015 – 2016: Postdoctoral Fellow. La Rabida Children's Hospital Chicago Child Trauma Center, Chicago, IL

Description: Provided individual, dyadic, and family therapy for children who had experienced trauma; utilized creative techniques based on the principles of Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT) and the Attachment, Self-Regulation, and Competency (ARC) framework; completed trauma-focused assessments; collaborated with teachers, caseworkers, pediatricians; attended DCFS child and family team meetings; received training in Child Parent Psychotherapy (CPP)

Supervisor: Catharine Thomann, Ph.D.

CLINICAL PRACTICE AND INTERNSHIP EXPERIENCE

2014 – 2015: Doctoral Internship. MercyFirst Residential Treatment Center, Syosset, NY

Description: Provided long-term individual therapy, provided family therapy, co- led skills-based psychotherapy groups (SPARCS); utilized the TF-CBT framework when appropriate; completed comprehensive psychological evaluations; provided trauma assessments; consulted with multidisciplinary treatment team; attended didactic trainings; and provided case presentations

Supervisor: Dawn Besemer, Psy.D.

2013 – 2014: Advanced Therapy Practicum. The MacNeal School, Westchester, IL

Description: Provided long-term individual therapy; provided family therapy; led process and competency-based psychotherapy groups; consulted with multidisciplinary treatment team; consulted with schools; attended and presented at didactic trainings; and provided case

presentations

Supervisor: Supervisor: Elaine Moor, Psy.D., ABPP

2012 – 2013: Mixed Assessment and Therapy Practicum. Hartgrove Hospital, Chicago, IL

Description: Completed comprehensive psychological evaluations and psychological consultations; provided short-term individual therapy; lead process and competency-based psychotherapy groups; consulted with multidisciplinary treatment team; attended and presented at didactic trainings; and provided case presentations

Supervisor: Frank Rowe, Ph.D. , Primary Supervisor

2004 – 2005: Master’s Therapy Practicum. Solomon Carter Fuller Mental Health Center, Boston, MA

Description: Provided long-term and some short-term individual therapy; lead process and competency-based psychotherapy groups; implemented DBT; created and implemented psychoeducational groups focused on the connection between mind and body

Supervisor: Stephen Brady, Ph.D.

2003 – 2004: Master’s Therapy Practicum. Boston University Women’s Crew Team, Boston, MA

Description: Provided long-term and some short-term individual therapy; created and lead psychotherapy groups; provided individual and team performance enhancement, motivation, and sport psychology treatment

Supervisor: Leonard Zaichkowsky, Ph.D.

CLINICAL WORK EXPERIENCE

06/2018 – 06/2023: Outpatient Clinical Psychologist. LifeStance Health, Lexington, MA

Description: Provided individual therapy to children, adolescents, and adults struggling with a variety of presenting problems (i.e. anxiety, depression, disruptive behavior, coping with divorce, adjustment difficulties, social skills deficits, and trauma); led child behavior management group for parents; provided clinical supervision to doctoral-level, clinical psychology students.

10/2016 – 06/2018: Clinical Psychologist/Lead of Student Services. Britten School (Therapeutic Day School), Westchester, IL

Description: Provided individual and group therapy for children with significant emotional disturbance; complete psychological and vocational assessments with subsequent written reports; assessed students for trauma-related symptomology and autism spectrum disorders and assisted in developing appropriate treatment plans; coordinated school-wide trauma-informed efforts and interventions; trained school staff/faculty on trauma-informed care; provided clinical consultation to Masters-level clinicians; provided clinical supervision to doctoral-level, clinical psychology students; created treatment plans and IEP goals to meet student needs

2010 – 2011: School Adjustment Counselor. Everett Public Schools, Everett, MA

Description: Provided year-long and short-term individual therapy for students with mental health issues; lead psychotherapy groups; created treatment plans; implemented a social-emotional curriculum in second grade classroom; founded and coordinated the Therapy Dog Program; contributed to IEP meetings and goals; collaborated with agencies like the Department of Children and Families; consulted with multidisciplinary treatment team

2005 – 2007: Clinician. Brandon Residential Treatment Center, Natick, MA

Description: Provided long-term and short-term individual and family therapy; lead process-based and competency-based psychotherapy groups; completed comprehensive diagnostic assessments; consulted with a multidisciplinary treatment team; consulted with schools; attended in-service seminars and didactic trainings; contributed to IEP meetings and goals; collaborated with collateral agencies like the Department of Children and Families and the Department of Youth Services; established diagnoses; and completed case conceptualizations

TEACHING EXPERIENCE:

Fall/Spring 2012: Department of Psychology Adjunct Faculty. Roosevelt University, Chicago, IL. Undergraduate Course: *Coping with Stress*

RESEARCH EXPERIENCE

2013-2015: Doctoral Dissertation. Roosevelt University, Chicago, IL. *Personal and Environmental Factors that Influence Loneliness and Self-Concept in Black-White Biracial Children*

2013 – 2014: The MacNeal School Web-based Student Information System. The MacNeal School, Westchester, IL

Description: Assisted with school-wide database research program through Power School. Duties include database setup and data input, and ultimately, trauma-based research.

2011-2014: Learning Theory Laboratory Roosevelt University, Chicago IL.

Supervisor: Judith Dygdon, Ph.D.

LANGUAGES SPOKEN

English